



THE ARCHDIOCESE of BIRMINGHAM
OFFICE for MISSION
“Go therefore and make disciples of all nations...”



THE YEAR OF PRAYER

IN PREPARATION FOR THE JUBILEE YEAR 2025
ADVENT 2023 - ADVENT 2024



Catacomb of Priscilla – Christian Woman at Prayer

2024 has been designated the Year of Prayer by Pope Francis. There is a particular focus on the *Our Father*, which presents us with a great opportunity to go back to the basics of prayer.

EVANGELII GAUDIUM SUNDAY:
17TH SEPTEMBER 2023

From *Evangelii Gaudium Sunday* onwards, the Office for Mission wants to encourage every Catholic to begin reflecting on their life of prayer: *what we pray, how we pray, and why we pray.*

This is for two reasons:

1. To encourage us to deepen our own prayer life and love of God;
2. To help someone else to pray during the Year of Prayer.

The Office for Mission will be providing suggestions and resources to help you to do that, so that our Archdiocese can have as its focus, missionary prayer and accompaniment during 2024. Consider:

- What is my experience of prayer?
- How can I deepen my prayer life?
- Can I help or encourage someone else to pray?
- How can my parish grow in its love and devotion in prayer?

Visit the *Year of Prayer* web page for more information and ideas, and I'd be interested to hear your thoughts too.

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www.vocations.org.uk/year-of-prayer-2024