



THE ARCHDIOCESE of BIRMINGHAM
OFFICE for MISSION
“Go therefore and make disciples of all nations...”



THE YEAR OF PRAYER

PREPARING FOR THE JUBILEE YEAR 2025



Catacomb of Priscilla – Christian Woman at Prayer

2024 has been designated a Year of Prayer by Pope Francis. There is a particular focus on the *Our Father*, which presents us with a great opportunity to go back to the basics of prayer.

- BEGINNING IN ADVENT -

The Office for Mission wants to encourage every Catholic to begin reflecting on their prayer life: *what we pray, how we pray, and why we pray.*

This is for two reasons:

- 1. To encourage us to deepen our own prayer life and love of God;**
- 2. To help at least one other person to pray during the Year of Prayer.**

The Office for Mission will be providing suggestions and resources to help you to do that, so that our Archdiocese can have, as its focus, missionary prayer and accompaniment during 2024. Consider:

- What is my experience of prayer?
- How can I deepen my prayer life?
- Can I help or encourage someone else to pray?
- How can my community grow in its love and devotion in prayer?

Visit the *Year of Prayer* web page for more information and ideas, and I'd be interested to hear what you'll be doing during the Year of Prayer!

Paul Northam (*Diocesan Jubilee Co-ordinator*)

www.vocations.org.uk/year-of-prayer-2024